

## SINPOL-2019

## Relatório Geral - 10K - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
<b>GERAL</b>								
1	306	ROSINHA CONCEIÇÃO	F4049	1	ADAC	00:04:33	13,17	00:45:33
2	139	FABIANA SOUZA DUTRA	F3039	2	NG	00:05:04	11,83	00:50:43
3	334	AURENI SOARES FERREIRA	F4049	3		00:05:14	11,45	00:52:24
4	373	VALÉRIA COLMAN DE OLIVEIRA	F3039	4		00:05:18	11,31	00:53:02
5	323	NEIBA OTA	F4049	5		00:05:25	11,06	00:54:14
<b>14 A 19</b>								
23	318	CAROL	F1419	1	FAMÍLIA FIT	00:09:13	6,51	01:32:06
<b>30 A 39</b>								
8	370	RAQUEL COSTA DE ASSIS	F3039	1		00:05:32	10,84	00:55:22
10	344	EDINEIA LIMA SILVA	F3039	2		00:05:45	10,43	00:57:30
13	357	LORIANA BEZERRA DOS SANTOS	F3039	3		00:06:04	9,89	01:00:40
16	355	JULIANDINA A F CAMINHA	F3039	4		00:06:46	8,86	01:07:41
20	576	TATIANE MAYER DA SILVA	F3039	5		00:07:18	8,21	01:13:05
<b>40 A 49</b>								
11	296	RENATA GOYA	F4049	1	KAMIKAZE RUNNING	00:05:48	10,34	00:58:02
14	325	HELOISE DE CASTRO TAVARES SILVA	F4049	2		00:06:23	9,40	01:03:49
18	372	RENI AYARDES DE MELO	F4049	3		00:06:54	8,70	01:09:00
21	314	RAQUEL APARECIDA AFONSO TOLEDO VIANA	F4049	4		00:08:09	7,36	01:21:32
<b>50 A 59</b>								
6	305	BENITA GONÇALVES	F5059	1		00:05:27	10,99	00:54:35
7	343	DOROTILDES SOUZA DE LIMA	F5059	2		00:05:32	10,85	00:55:18
9	347	EVA ROMAN	F5059	3		00:05:42	10,54	00:56:56
12	297	JORCILAINÉ DE ARRUDA MENDES	F5059	4		00:06:03	9,93	01:00:27
15	67	GRACIELA ACOSTA DEMUNDO	F5059	5		00:06:33	9,15	01:05:34
19	363	MARTA APARECIDA DE MELLO PEREIRA	F5059	6		00:06:54	8,69	01:09:04
22	340	CAROLINA DA SILVA BARBOSA	F5059	7		00:08:11	7,33	01:21:48
<b>60 A 69</b>								